



OVERVIEW: Level 1 Program & Curriculum

- Focus on placement, form and turnout
- Foundational technique at the barre and center
- Foundational allegro (jumps)
- Develop musicality and coordination skills
- Gymnastical exercises included in every class
- Learn full range of barre work

Pre-requisites:

- Minimum of 1 year of classical ballet/rhythmic gymnastics experience (not including Creative Movement/Dance)
- 7 years and up

SCHEDULE & FEES

Sat 140-240pm

\$360.00/12 lessons

TERM DATES & EVENTS

● Term 1: 7 Jan - 25 Mar

● Showcase in March

● Term 2: 1 Apr - 8 Jul

● Class concert in June

● Term 3: 15 Jul - 30 Sep

● Exams & Masterclasses in Sep

● Term 4: 7 Oct - 23 Dec