



OVERVIEW: Adult Ballet Intermediate Curriculum

- Equivalent to Russian Level 4-5 Technique
- Strength work in big positions leading up to grand tours
- Study of tours in various forms
- Complicated beats (allegro)
- Plasticity of upper body, and developing artistry and quality of movement
- New and varied tempo
- Strengthening of overall pointe technique, and moving on to executing turns in simple forms

2022 AT A GLANCE

- Jun: Class concert
- Dec: Year End Show (TBC)
- Coming soon: Ballet Theory and Foundations Course (not open to public)



OVERVIEW: Adult Ballet Advanced Curriculum

- Equivalent to Russian Level 5-6 Technique
- Tours from various forms of preparation
- Combinations of different types of tours
- Complex beats and en tournant in allegro
- Varied speed and tempo
- Developing depth in complex combinations

2022 AT A GLANCE

- Jun: Class concert
- Dec: Year End Show (TBC)
- Coming soon: Ballet Theory and Foundations Course (not open to public)

2022

CLASS FEES & POLICY

CLASS	SCHEDULE	PRICE
Adult Ballet Intermediate	Tue 715-845/915pm	\$288.00/8 lessons (120 mins) \$264.00/8 lessons (90 mins)
Adult Ballet Advanced	Fri 10am-12pm	\$288.00/8 lessons (120 mins)

CLASS POLICY

The 8 lessons are valid for 12 weeks, excluding class breaks and public holidays. If a student is unable to finish the lessons within the paid class pack, the remaining lessons will be forfeited and will not be refunded.

In light of the Covid situation and the need for class size management, all students are required to book their classes online at least 2 days in advance.

Late cancellations: If a student is unable to make it for class after a class reservation has been confirmed, advance notice must be given at least 24 hours prior to class, otherwise lessons will be charged at its usual rate.